

Symptoms of Hyperglycemia and Hypoglycemia

Here are some symptoms you may feel if you have high blood sugar or low blood sugar.

High Blood Sugar HYPERGLYCEMIA Symptoms:

	 EXTREME THIRST	 NEED TO URINATE OFTEN	 DRY SKIN
 HUNGRY	 BLURRY VISION	 DROWSY	 SLOW HEALING WOUNDS

Low Blood Sugar HYPOGLYCEMIA Symptoms:

	 SHAKY	 FAST HEARTBEAT	 SWEATING
	 DIZZY	 ANXIOUS	 HUNGRY
	 BLURRY VISION	 WEAKNESS OR FATIGUE	 HEADACHE

WHAT CAN YOU DO?



CHECK BLOOD GLUCOSE



CALL YOUR HEALTH CARE PROVIDER

CALL...
 ...if your blood sugar levels are too high or too low for 3 days and you don't know why.